

*It's a small world after all
There is just one moon
And a golden sun
And smile means friendship for everyone
There is so much we share
That is time we've aware
It's a small world after all*



Annual Report - 2011 - 12

S A H A Y A

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SAHAYA

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Salim, a lunatic young man of Bihar was found unconscious at the railway line. Probably he jumped from the running train or was pushed to out by a mischief maker from the train. Rescued by Sahaya team he was admitted at the Capital Hospital. However the doctor amputated his leg. After two months of medication and care he could able to tell his address and family identity. His family members were informed and eventually his poor father got back his son. All this was possible because of the dedicated team of Sahaya.

Not only Salim, thousands of destitute people are helped with medical care by the volunteers of Sahaya. Many of them are restored to their families and some are sent to destitute homes.

The year 2011-12 has taken us through many ups and downs, accomplishment and challenges, success and failures but every step was a learning point for us.

Key Highlights – 2011-12

- **No. of Destitute patients received medical service** – 109
- **No of Accident victims assisted** – 645
- **No of patients restored to homes** – 35
- **No of Blood donation camps organized** – 03
- **No. of Blood units collected** – 165
- **No of children educated** – 100
- **No of relief operation camps organized** - 01
- **No of free Health care unit run** - 01

India is in good health! But the alarming rise in numbers of accident casualty, malnourishment deaths and female foeticides, death of destitute patients in the hospitals without care portray a different reality. Laws promising social justice seem good only on paper. People continue to face discrimination and are judged by caste, gender, ethnicity, religion, ability and socio-economic background.



The Origin

The initiative was started by Kailash Sarangi a kind-hearted vegetable seller of Unit – I market. He acted as a one man round the helpline for the needy people. If a person from any place in the city required emergency medical help at an odd hour, he is just a phone call away. Even railway police and hospital authorities take help from Kailash in case of emergency. He is often seen at the Capital Hospital cleaning wounds of patients, giving food and bringing diagnosis reports for unsupported patients. He does not even hesitate to spend everything he earns on these patients who are not known to him. He believes that God helps the person who helps poor and needy.

His splendid effort was duly noticed by a philanthropist vegetable wholesaler Sri Santosh Kumar Sahoo who used to admire him. Gradually he became his patron and extended his helping hand to this noble work. His wife Smt. Sasmita Sahoo was also a woman behind him who supported her husband for the noble cause. Slowly their team was enlarged which gave birth to Sahaya – a voluntary action group. Sahaya has been dedicated to the well-being of poor and destitute patients who suffer without a helping hand.

Our Vision

Building a society free of disease and malnutrition, pain and sufferings, abandonment and destitution where the people love the neighbor as themselves to heal the sick and care for the weak and poor.

Our Mission

We seek to do this by providing physical help and support with medicine and other help to the destitute patients in the hospital and those who are in need of emergency medication like victims of road accidents, railway passengers who are sufferings of drug violence

Medication is everyone's right

The slums of Bhubaneswar is a place of disease and drugs, poverty and deprivation. The streets of the city are the breeding ground of antisocial activities, alcoholism and prostitution. Misery and sufferings, poverty and destitution are the integral part of the people. Thousands of people from the city visit Capital Hospital the only referral hospital of the capital city as well as of Puri, Khordha, Nayagarh district. Often people are exploited and are not able to access the services of government hospital in times of need.

Sahaya acknowledges the need of these neglected folks with emergency medical care and basic amenities required during their treatment. It also links them to a long term rehabilitation or restoration to their families.

It has been working among the destitute, addicts, sick and dying people underneath the railway flyover in Bhubaneswar, near the State Bus Terminus or at the railway hubs of the city. It also rescues and rehabilitates the victims of road accidents. While the most

serious cases from among the streets get immediate attention and first aid at the spot, those requiring long-term rehabilitation are also helped for the same. Its work is finished when the patient is restored to his/her family or rehabilitated at any destitute home.

This year 109 destitute patients have been helped to get treatment in the Capital Hospital. They were provided with necessary amenities including medicine and blood units and attendants. 35 of them were restored to their homes and others were referred to different NGO run homes.

Patient Information & Assistance Centre

More often people fail to locate the hospital wards, get correct medical information and facilities. On the other hand, a number of patients die without a bottle of blood and some medicine.

With the help of Capital Hospital authority, Sahaya acknowledges the needs of these poor ignorant people with a Patient Information and Assistance Centre. The centre operates inside the Capital Hospital in a prominently visible place. The service is accessible to all those who come the hospital. A medical volunteer is always available to give information about the sites of different wards and services, different services & facilities available by the hospital authority. It also helps the patients to get the services at the right time.

In addition to the information, the volunteers also help the poor patients to get medicine and arrange blood for the patients. The destitute and unsupported patients receive the support of attendant, food, cloth and referral service from the Sahaya team. This year the centre has received the support of NALCO as a result, it has been effectively working for the cause of the destitute patients.

Road Accident Helpline

Road accident is now a day's a great concern. With an alarming magnitude of more than 2500 human deaths, 10,000 injured and fatality rate of 33 in Orissa State, the issue has emerged as everybody's apprehension. Many a times the victims of road accidents suffer unattended. Due to the absence of care and emergency medical services, we lose many valuable lives either on the accident spot or at the hospital. As we observe, on an average, 10 accident cases are registered only in Capital Hospital.





With the support of Odisha Road Transport Authority, Sahaya has been running two 24 x 7 Road Accident Helplines. One is from Baramunda bust stand to Khordha and the other is from Bhubaneswar city to Pipli. The Road Safety Authority has supplied two ambulances to transport the victims of road accidents from the accident spot to hospital. The trained road accident volunteers rescue the victims as soon as they receive a telephone

call. They provide expertise first aid service at the spot and transport the patient to the hospital as soon as possible. The patient is provided with medicine, blood, food, clothes, attendant and other services till the relatives of the patient start attending him. The critical cases referred to SCB Medical College and Hospital are also transported by the Sahaya volunteers. In case of destitute victims, they are referred to NGO run homes as soon as they are discharged from the hospital.

During the year 2011-12 Sahaya has intervened with 645 road accident cases of which 530 are from Bhubaneswar city to Pipli Helpline and 115 from Baramunda to Khordha Helpline. It also takes the help of PCR police to transport the cases to Capital Hospital. The road accident volunteers keep themselves ready for 24 hours to rescue the victims and attend at the hospital.

Your Blood can save a life

A single car accident victim can require as many as 100 units of blood. Every two seconds someone needs blood. More than 38,000 blood donations are needed every day. The high incidence of blood related diseases, anemia, malnutrition growing rate of road accidents are responsible for the increasing need of blood in the blood bank. On the other hand the destitute patients and those who suffer from Thalasemia need blood without any exchange. As a result the Blood Banks always run short of blood and require donated blood from time to time to meet the necessities.

Sahaya extends its hand to help the Blood Bank at Capital Hospital by organizing regular blood donation camps in the city with different groups of the population. This year it has organised 02 of such camps as given under.

Date of Camp	Place of Camp	Donor Group	Units collected
05.05.2011	Ganesh Mandap, Unit – I Market	Business people	65
01.06.2011	Red Cross Bhawan	Private donors	40
16.06.2011	Maharaja Cricket Association, Patrapara	Sports people and People of Patrapara	60

Reaching out to un-reached

The high incidence disease and mortality rate in the slum and rural people is a matter of concern for Sahaya. Many a children suffer from malnutrition and communicable diseases due to ignorance of parents and poverty. In addition, high mortality and morbidity rates among children as a result of frequent child bearing and poor nutrition of their mothers are also recognized.

The organization promotes a sustainable health care plan by organizing community health awareness programs whereby it focuses on responsible parenthood, maternal care, and reproductive health.

It runs a Health Care unit at Seulasahi, a scheduled casts intensive village in Nimapara block in the Puri district with the help of Jagruti Mahila Group and other philanthropists of that village. The Health care unit opens twice a week. A registered doctor and a pharmacist conduct health check ups, dispense medicines and give medical advices to the poor people. The critical patients are referred to Nimapara hospitals. The unit is partially sustained with the support of the community. The objective is to bring about a lasting improvement in the lives of rural people.

Education for Empowerment

Admittedly the state of children in the Bhubaneswar city especially those who live on the street / railway station and in the slums is very discouraging and a large section of them are undernourished, go without shelter, are not properly treated in their illness and grow even without many of their basic needs having been met. Education is a distant dream for these children.

Every child dreams of enjoying a happy childhood and looks forward to having a secure future. However, circumstances and situations force a sizeable majority of children to earn their livelihood at an age when they should be studying in schools. It is these vulnerable lives that Sahaya wishes to change with focussed campaigns.

Sahaya reaches out to the marginalized section of children with alternative schools. It runs two schools – one at the railway station of Bhubaneswar and one in a slum at Maa Phuleswari. Sahaya's schools are the schools with difference. It believes that the main purpose of education is to tap and evolve the latent potentials of the individual in the same way as nature evolves a tree out of a seed. To help in the growth of the



consciousness, and for the progressive unfolding of their mind, education is considered to be the best means. Children are given ample opportunities in the school to dream the future because as Eleanor Roosevelt said “the future belongs to those who believe in the beauty of their dreams.

Again, education itself is not just the training of the mind, but the integral and harmonious development of the being. Sahaya emphasizes on the free and natural learning so that the inner potential of the children will blossom.

Tree is Life

Environmental pollution is the biggest menace to the human race on this planet today. It is true that trees are being cut down rapidly. Our earth is becoming warmer. If pollution continues, the day is not far when our earth will be a boiling pan and become a desert. Or it will be covered with sea water causing destruction of mankind.

India is suffering from a harsh ecological problem due to rapid deforestation. Due to unplanned city program and the increasing activities of Jungle mafia we are losing lakhs of trees which means we are digging our coffin wholes. If new jungles are not created with an immediate effect, the human civilization will be vanished in very near future.

Sahaya recognizes the need of the trees and tries to put all possible effort to make Bhubaneswar a green city. It regularly creates public awareness and plants trees for life.

Our Managing Committee

	<u>Name</u>	<u>Designation</u>
1.	Sri. Santosh Kumar Sahu	President
2	Dr. Jagabandhu Mishra	Vice President
3	Sri. Kailash Chandra Sarangi	Secretary
4	Sri Jitendranath Rath	Joint Secretary
5	Dr. Bibin Bihari Panigrahi	Treasurer
6	Dr. Loknath Acharya	Member

We comply Credibility Alliance Norm

1. All staff are full timers. They receive honorarium in the range of 1500 to 5000 per month. In addition some of the staff member also access free meals donated by a donor restaurant.
2. Nobody from the organization has traveled by air.
3. Some staff attended state level/district level training/conference/seminars with financially support of the organizing authority
4. No board member receives any salary from the organization.

Award and Recognitions

In recognition of the services rendered to bring a change in the society Sri Kailash Chandra Sarangi, Founder Secretary of Sahaya has received the following awards.

- a) Besant Selfless Service Award 2008 by Theosophical Order of Service, Bhubaneswar. He received the award from His Excellency Governor of Orissa.
- b) Sretha Samaj Sevi Puraskar 2008 by NETA.
- c) Mahamahopadhyaya Chandra Sekhar Singh Samanta Harichandan Mohapatra Samman – 2008 by Khandapara Vikash Parisad
- d) Sakha award – 2008.
- e) Krushna Chandra Mantry Memorial Award 2009 for Best Youth Social Worker form Nehru Institute of Youth Affairs.
- f) Brukhya Bandhu Samman – 2009 from Prerana a leading organization works on Environment.
- g) State Youth Award from the Chief Minister Naveen Patnaik on 05.03.2011 at Jaydev Bhawan.
- h) CHITHI SUNMAN 2010 for selfless services
- i) District Red Cross Branch awarded on 14.06.2010.
- j) Awarded by Prerana on the occasion of 9th Bhubaneswar Mahostav on 3.6.2011.
- k) Award of Vocational Excellence 2011 from Rotary Club of Bhubaneswar on 30.10.2011.

Financial information

Sahaya is financially dependent on the donations from the members, other well wishers. Details of financial information and audited statement of accounts will be available on demand. A savings bank account has been opened in the State Bank of India, Main Branch, Unit - I which is jointly operated by the Secretary and the President. Sri Jagabandhu Patra, Chartered Accountants audits the accounts annually.

Thanks Donors

The smile in the faces of destitute patients and the children in need of care and protection is only possible by the compassionate donation of our friends and well wishers. We would like to record our heart-felt gratitude for our donors who have been supporting to the cause and contributing to continue our activities.

